

Bachelor's Degrees

**Bachelor's Degree
in Physical Activity
and Sports Sciences**

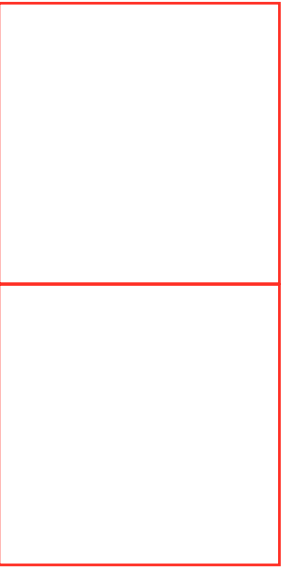
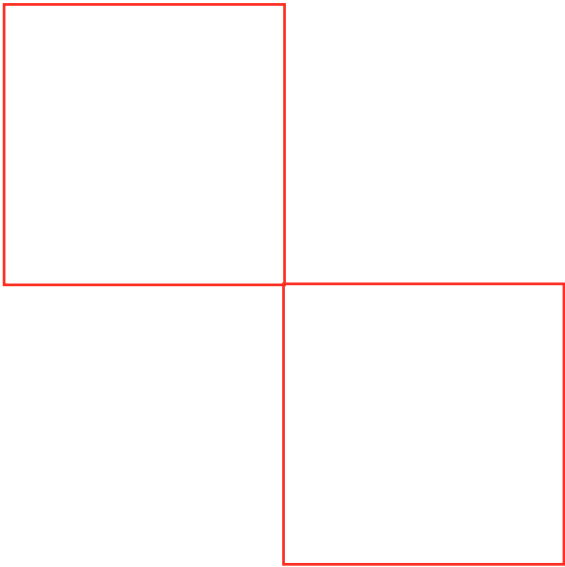
Go beyond



Table of Contents

Campus	4
Internationally Recognized Quality	5
Area	6
Degree Programmes	
■ Bachelor's Degree in Physical Activity and Sports Sciences	7

You might also be interested in...	11
Financing and Scholarships	13
Admissions Process	14



Why did you decide to go to University?

In order to prepare yourself for what comes next, the future.
And the future is the real world.

At Universidad Europea, we focus on the **professional** that you want to be and on providing you with a **practical training** that enables you to work on your future from day one.

We call for your own **progress and development**, for you to go beyond, offering you the help you need but never forgetting that you are in the driving seat.

This makes Universidad Europea **more than just a university**.
And you **more than just a student**.

Go beyond



Campus



Madrid. ALCOBENDAS
BUSINESS AND UNIVERSITY GO HAND IN HAND.
A campus that brings you the reality of being a professional and helps you to get a job placement through agreements with companies.

The meeting point where new initiatives and the most curious minds find their space.



Madrid. VILLAVICIOSA
STATE-OF-THE-ART FACILITIES AND RESOURCES IN AN OUTSTANDING ENVIRONMENT.
Have a unique university experience on our biggest campus. With 33% international students and facilities equipped with cutting-edge resources and technology.



Valencia.
CAMPUS IN THE HEART OF VALENCIA.
We are the only private university with a **privileged location** in the city centre. We also have our own University Dental Clinic.



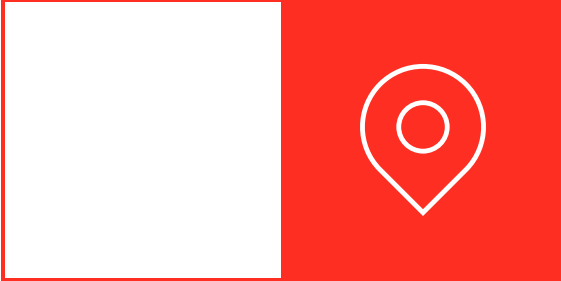
Canarias.
CAMPUS IN LA OROTAVA AND SANTA CRUZ.
An unbeatable environment where you can develop your skills to the full, facilitating employability and entrepreneurship.



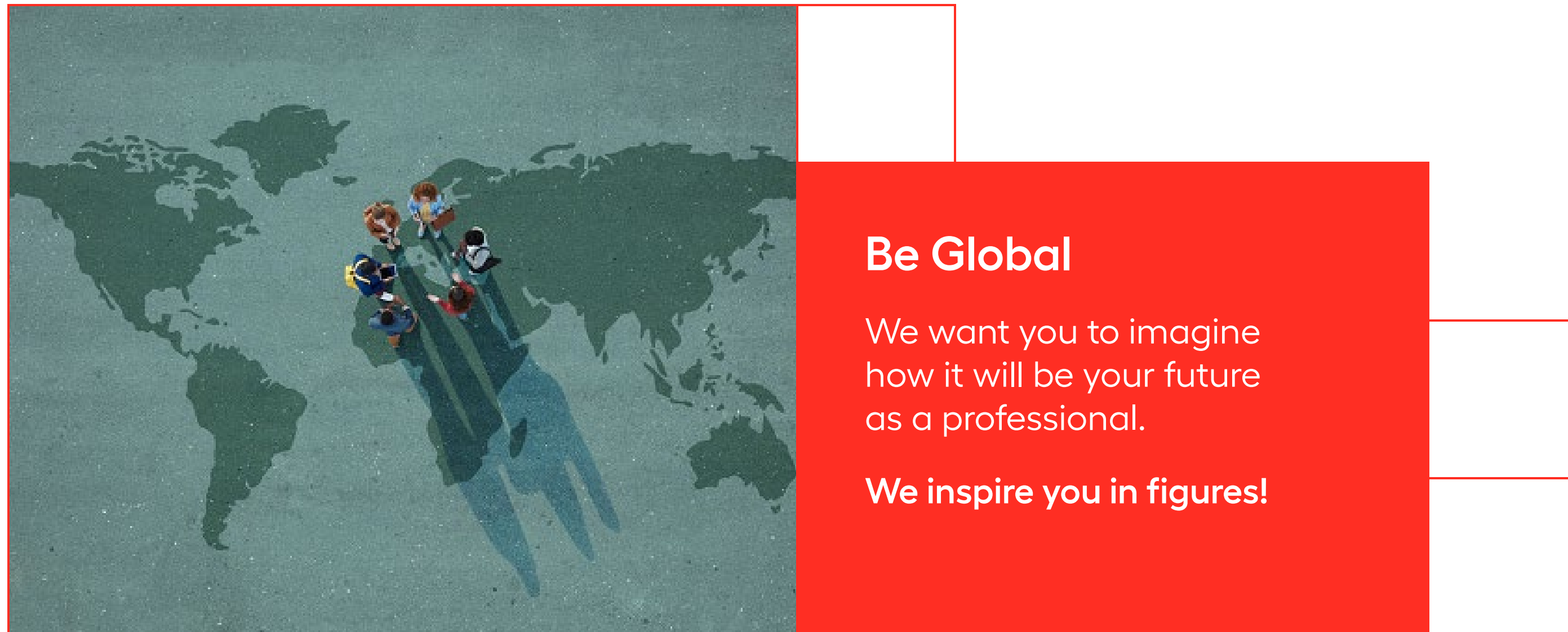
Online.
UNIVERSIDAD EUROPEA ONLINE.
100 % online programs:
The flexibility you need. Get an education at your speed at the leading University in educational quality and innovation.



Real Madrid.
REAL MADRID GRADUATE SCHOOL - UNIVERSIDAD EUROPEA.
Do you dream about working in a field that you're truly passionate about? Get your education at the only Postgraduate School specialized in sports. Don't just dream, get ready.



Internationally Recognized Quality



30%

International Students.

You'll live in a multicultural environment with an average above other universities.

300

Agreements.

You'll be able to study abroad at prestigious universities around the world.

14,000

Agreements with companies.

You will be put to the test on campus with challenges, projects and gamification. You will also do an internship to train as a global professional.



Universidad Europea's
Certifications.



Area

Join the game and let's win!

Hobby, fun, health, competition, public event, tribal symbol, values, lifestyle, object of consumption, media event, business...

What is sport? Sport today is a concept of great scope, in which many interests, needs, business and entrepreneurship opportunities and, of course, academic disciplines come together.

The Universidad Europea knows that the increased prominence of sport in society is a great opportunity for our students. **Where teaching used to be seen as the only job opportunity, today, there is a new world full of possibilities.**

These are the words: what about the facts? An internationally renowned teaching staff, elite sports facilities and the most advanced laboratories: these are the facts. Well, topping national and international league tables and certifications in research, health and sport also sounds quite persuasive, doesn't it?

Sign for the Universidad Europea and for the best team.

Experiential learning

Dare to experiment in the sports world with our Learning by Doing methodology:

- Practical nature of sports subjects.
- Promotion of exercise and a healthy lifestyle on campus.
- Top quality internships.
- Transfer of research results to the classroom.
- Take the plunge into living international experiences.
- Do social projects with your lecturers.
- Use cutting-edge and revolutionary technology applied to sports and health.
- Take part in university sports competitions.



Bachelor's Degree in Physical Activity and Sports Sciences

**Make your passion your profession
maximize your potential!**

If sport is your passion, consider adding vision, culture and values. We're waiting for you!



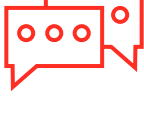

The world of sports is becoming one of the most important industries in Spain and, in general, throughout the world, creating more than 214,000 jobs in Spain alone.

Physical exercise helps to improve health and prevent non-communicable diseases. You have a world full of possibilities at your fingertips.

**Specific and differentiated training.
Success guaranteed.**

In response to new demand, the Universidad Europea accepts the challenge of training future sports professionals, teaching them to be able to make the most of, and even create for themselves, new opportunities in

the field of training and physical activity, health, sports management and teaching. From day one, we will teach you how to use and apply the most advanced technology used in this sector.

	LOCATION Villaviciosa de Odón, Madrid.		TEACHING METHOD Face-to-face
	START DATE September		DURATION 4 years
	LANGUAGE English		ECTS 240



What sets us apart?

Bachelor's Degree in Physical Activity and Sports Sciences

Highly recognized

Our Faculty of Physical Activity and Sports Sciences is #1 among Spanish private universities, and is within the top 150 in the world, according to the Shanghai Ranking 2021. We are a top University when it comes to conducting research on Physical Activity and Sports applied to health, according to the I-URG Ranking of Spanish Universities. The newspaper El Mundo also recognizes us in its annual ranking as the best private center to study this Degree. We offer the only Degree in Spain that is internationally accredited by the European Health & Fitness Association. This enables our students to broaden their employment possibilities in Europe even further.

ELMUNDO



Unique curriculum

You will specialize in the Sports Training area, focused on Basketball and Soccer, and add on nine elective modules (swimming and water activities, golf, outdoor activities, etc.) Expand your resume by:

- Becoming a Certified Personal Trainer (CTP) and Certified Strength and Conditioning Specialist (CSCS) from the prestigious international body NSCA.
- Achieving Sports Technician qualifications in a variety of sports, thanks to our University's UFEDEMA Sports Technicians Training Center.

You can take the **Degree in Physical Activity and Sports Sciences + Advanced Football Technician** through the UFEDEMA Sports Technician Training Centre located at the University, to become a football coach in any or a physical trainer, among many other professional opportunities. This diploma is taught in Spanish.

Cutting-edge facilities

We train our students in laboratories specially designed for studying exercise physiology, biomechanics, sports technique training and analysis, physiotherapy, biology and anatomy. We also provide access to a Simulated Hospital and 30,000 square meters of first-class sports facilities, including an indoor and outdoor pool, tennis and paddle tennis courts, a soccer field, a sports hall with basketball courts, an athletics track, a beach volleyball court, as well as in the "Human Performance Research Lab (HPRLab)", a state-of-the-art area for cross-disciplinary learning. It is the perfect link between teachers, students and the sports industry.



What sets us apart?

Bachelor's Degree in Physical Activity and Sports Sciences

Recently, we also opened one of the most modern and advanced sports complexes you can find on university campuses in Spain. This complex is packed with the most cutting-edge technological innovations and impressive equipment, with a high value placed on the biomechanics of our sports equipment.

We offer equipment designed by Cybex and Hammer Strength, the world leader in strength equipment, which is also par excellence the brand of elite athletes and the most prestigious universities in the United States. We often hold our classes in the scientific laboratories and our new, innovative and functional "Hammer Strength" training room, a space that is totally unique in Spain where our students can put into practice all the knowledge they have learned.

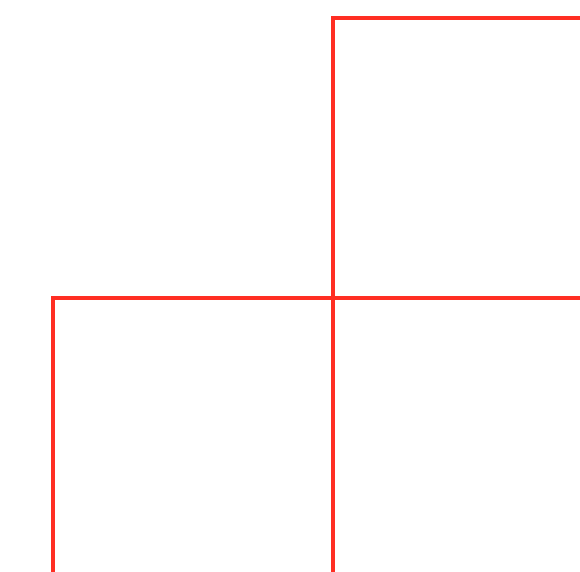
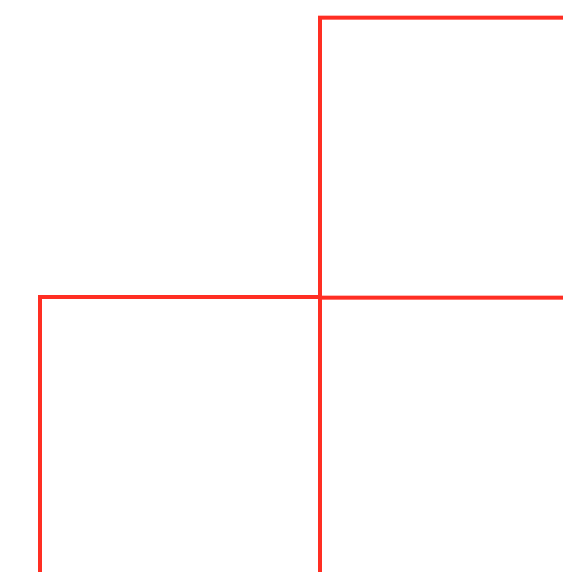
International experience

In prestigious universities in the United Kingdom, USA, Canada, France, Portugal, Australia and Italy, among many other countries.

Quality Work Experience

From day one, and with prestigious companies and institutions: The High Council for Sports, Spanish Olympic Committee, Association of Spanish Footballers, clubs of the main sports federations, Go Fit and Sanitas.

Thanks to our collaboration with the Real Madrid Foundation and the Real Madrid University School, our students can take part in international projects and attend exclusive conferences led by top sports professionals.



Curriculum

Bachelor's Degree in Physical Activity and Sports Sciences

Subject	Type	ECTS
FIRST YEAR		
▪ Human Anatomy	BA	6
▪ Systematics of Movement	OB	6
▪ The Game: Theory and Practice	OB	4
▪ Body expression	BA	6
▪ Psychopedagogy of Physical Activity and Sports	BA	6
▪ Theory and History of Physical Activity and Sports	BA	6
▪ Sociology and Deontology of Physical Activity and Sports	BA	6
▪ Data Analysis	OB	4
▪ Basketball I	OB	4
▪ Soccer I	OPT	4
▪ Athletics I	OPT	4
▪ Golf I	OPT	4
SECOND YEAR		
▪ Human Movement	OB	6
▪ Human Physiology	BA	6
▪ Teaching	BA	6
▪ Sports Law	BA	6
▪ Biomechanics of Physical Activity and Sports	OB	6
▪ Sports Psychology	BA	6
▪ English	BA	6

Subject	Type	ECTS
▪ Ecuador Project	OB	2
▪ Handball I	OPT	4
▪ Cycling I	OPT	4
▪ Swimming and Water Activities I	OPT	4
▪ Volleyball I	OPT	4
THIRD YEAR		
▪ Physical Education at School	OB	6
▪ Physical Activity for Health	OB	6
▪ Exercise Physiology	OB	6
▪ Sports Training	OB	6
▪ Sports Facilities and Spaces	OB	6
▪ Outdoor Activities	OB	6
▪ Sports Management	OB	6
▪ Leisure, Recreation and Active Tourism	OB	6
▪ Design and didactic intervention in the natural environment	OB	6
▪ Soccer II	OPT	6
FOURTH YEAR		
▪ Soccer III	OPT	6
▪ Practical Study	OB	12
▪ End of Year Project	OB	6

Subject	Type	ECTS
ELECTIVES		
▪ Training Planning, Monitoring and Management	OPT	6
▪ New Technologies Applied to High-Performance Sports	OPT	6
▪ Coach Training for High-Performance Sports	OPT	6
▪ Specific Methods of Training and Control Tests in High-Performance Sports	OPT	6
▪ Basketball II	OPT	6
▪ Basketball III	OPT	6
TOTAL		240

All courses in the curriculum subject to modification are delivered in English. The Practical Study will be delivered in Spanish.



You might also be interested in...

Plan your carrer from the start

Now that you are starting your university stage, you have your provision of a great academic offer from the beginning.

In addition, once the degree is finished, you have the Escuela Universitaria Real Madrid - Universidad Europea in which you can specialize in the world of sports through its prestigious postgraduate degrees in Management, Marketing, Law, Journalism and Communication, Physical activity and health.



**Escuela Universitaria
Real Madrid**
UNIVERSIDAD EUROPEA

Do you know the Plan AVANZA?

From the University we bet on our students and we are committed to supporting their growth and personal and professional development.

For this reason we launched the Plan AVANZA, a program specific study aid for Degree students from the Universidad Europea who want to continue your professional delvelopment advancing to the next level, pursuing a Master or Postgraduate with us.

AVANZ 

You can get more information by consulting the web, with your Bachelor's advisor
and on the phone: **+34 917 407 272.**



You might also be interested in...

From the best professionals



Javier Sánchez
Sports Management Degree Lecturer

“The commitment to applied research makes the Universidad Europea an international benchmark”.

What our students think



Luis Eduardo de la Riva
Sports Management Degree Student

“The Sports Management Degree seamlessly combines knowledge of business management and the sports industry”.



Financing and Scholarships

Finance your studies in a flexible way

Here at Universidad Europea, we are committed to ensuring the cost of a program is not an obstacle to access quality education.

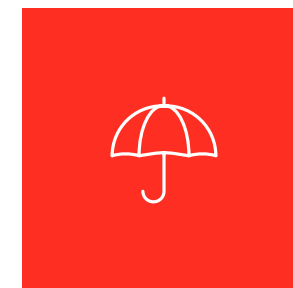
We have a complete system of financial aid available to you:



SCHOLARSHIP
PROGRAM



DISCOUNTS



FINANCIAL
BANKING

Knowledge without barriers

Education is one of the
best investments you
can make in life.

Do not let anything stop you!

Go beyond



Admissions Process

Documentation

To start the admissions process, reserve an appointment at: universidadeuropea.com or by calling (+34 917 407 272).

After getting more information, you must submit the required documentation:

- Passport.
- Payment of the admissions fee on or before the day of your appointment.

What does the entrance exam involve?

- Test to evaluate competencies and skills.
- Language assessment test.
- Motivational survey.

When will you know if you've been admitted?

You'll get the results of the entrance exam in an Admissions Letter that will be sent to you via email. If you have any questions, you can speak to our New Students Admissions Department. ads@universidadeuropea.es






Place Reservation

You are advised to reserve your place within 7 calendar days from receiving the admissions letter.

Enrollment

All students enrolling for the first time at Universidad Europea for a Bachelor's degree program must open a student file.

The Students Admissions Department will provide the candidate with all of the documents and forms they need to complete their enrollment.

	Personalized Guidance
	Send application and documentation
	Admissions Test
	Confirmation of Admission
	Formal Reservation of a place and enrollment





Universidad
Europea



How far
can you go?
As far as you want.

Go beyond

Universidad Europea de Madrid

Campus de Villaviciosa de Odón

C/ Tajo, s/n, 28670.

Villaviciosa de Odón, Madrid

Campus de Alcobendas

Av. Fernando Alonso, 8, 28108.

Alcobendas, Madrid

Phone number: (+34) 91 740 72 72

Students: (+34) 91 414 66 11

Universidad Europea de Valencia

Paseo de la Alameda, 7, 46010.

Valencia

Phone number: (+34) 96 104 38 83

Students: (+34) 96 104 38 80

Universidad Europea de Canarias

Campus de La Orotava

C/ Inocencio Garcia, 1, 38300.

La Orotava, Tenerife

Phone number: (+34) 92 209 70 91

Students: (+34) 92 298 50 06

Santa Cruz de Tenerife Facilities

Calle Valentín Sanz, 22, 38002.

Santa Cruz de Tenerife

Phone number: (+34) 92 244 26 31

Students: (+34) 92 244 26 34

English and Spanish phone number:

(+34) 91 740 72 72



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